

# MARCH MENU

## Mid-Columbia Meals on Wheels

Dine-In meals require 24-hour advanced reservation.

Meals for individuals age 60+ are provided free-of charge and on a donation-only basis.

MON	TUES	WED	THUR	FRI
2 Herbed Chicken Mushroom Gravy Au Gratin Potatoes Tossed Salad Yogurt & Berries Milk	3 Smothered Pork Bites Mashed Potatoes Mixed Vegetables Fruit, Milk	4 Beef Lasagna Italian Vegetables Caesar Salad Breadstick Fruit, Milk	5 Chicken Fajitas Rice & Beans Flour Tortilla Fruit, Milk	6 Sloppy Joes Mixed Vegetables Coleslaw Fruit, Milk
9 Salisbury Steak Mashed Potatoes Brown Gravy Broccoli Fruit, Milk	10 Dijon Chicken Sweet Potato Mash Seasoned Beets Fruit, Milk	11 Sweet & Sour Pork Fluffy Rice Asian Vegetables Fruit, Milk	12 Corned Beef & Cabbage Herb Roasted Potatoes Seasoned Carrots Dinner Roll Green Poke Cake* Fruit, Milk <b>St. Patrick's Day Meal</b>	13 Turkey Tetrazzini Squash Medley Tossed Salad Fruit, Milk
16 Chicken Pot Pie Green Peas Tossed Salad Fruit, Milk	17 Beef Stroganoff Garlic Noodles Green Beans Fruit, Milk	18 Macaroni & Cheese Sausage Patty Garden Vegetables Tossed Salad Fruit, Milk	19 Roast Beef w/ Gravy Mashed Potatoes Italian Vegetables Wheat Roll Ice Cream*, Milk	20 Breaded Chicken Sandwich & Fixings Corn Chowder Broccoli Salad Fruit, Milk
23 Chicken Alfredo Italian Vegetables Breadstick Fruit, Milk	24 Apple Pork Bites Mashed Sweet Potatoes Seasoned Beets Fruit, Milk	25 Chili Mixed Vegetables Cornbread Fruit, Milk	26 Chicken and Rice Casserole Green Beans Fruit, Milk	27 Beef Tacos Rice & Beans Salsa & Sour Cream Fruit, Milk
30 Swiss Steak Mashed Potatoes Garden Vegetables Cookie* Fruit, Milk	31 Cranberry Chicken Confetti Rice Peas & Onions Fruit, Milk			



\*Dessert items are served occasionally, and all clients will receive them unless they have specifically requested not to. If a dessert is served to you in error, we apologize and kindly ask that you dispose of the item.

## Congregate Dining Sites | Meals served daily at 11:30 AM, Monday- Friday, upon advanced reservation.

### Meals on Wheels Cafe

Hours: 11:00 AM-1:00 PM  
1834 Fowler St  
(509) 736-0045  
No reservation required

### Richland Community Center

500 Amon Park Dr  
(509) 943-0779

### Kennewick

500 S Auburn St  
(509) 585-4241

### Pasco First Avenue Center

505 N 1st Ave  
(509) 543-5706

### Prosser Community Center

1231 Dudley  
(509) 786-1148

### Benton City

510 14th St  
(509) 588-3094

### Pasco Ray Pfleuger Center

235 Margaret St.  
(509) 545-2169