A YEAR of BUILDING

SLR ADMINISTRATION

CENTRAL KITCHEN AND CAFÉ

Preserve and enhance the quality of life at home, with dignity and care
PROGRAMS OFFERED IN OUR COMMUNITIES

HOME CARE SERVICES

Provides trained and licensed staff that help with personal care, transportation, errands, homemaking, medication reminders, and respite for family caregivers. This service is integral to helping people to remain independent and in their own homes as long as possible. Our service area includes Yakima, Kittitas, Benton, Franklin, Columbia, Garfield, Asotin and Walla Walla counties. We also serve the Yakama Indian Nation and Nez Perce county in Idaho.

A HOME CARE STORY:

“MY PROVIDER IS SO FAITHFUL, SO STEADY, SO CHEERFUL, SO HELPFUL... and yes, so perfect as my caregiver! I feel I am the most fortunate client you have. You are an exceptional group of human helpers! Thank you!”

MID-COLUMBIA MEALS ON WHEELS

Offers home delivered meals and a daily wellness check to individuals who are homebound and have no one who prepares meals at home. Meals are also served in 7 senior dining centers to those who are not homebound. Our service area is Benton and Franklin counties. We rely on the service of volunteers to serve, package, and deliver meals.

A MEALS ON WHEELS STORY:

“I NEVER THOUGHT I’D NEED THIS KIND OF HELP, but your drivers are just like a friend to me, and they make it easy to ask for help. They always make me feel like they are so glad to see me.

You think you can do what you need to take care of yourself. But the time comes when you just can’t. I am so grateful for my meals and my drivers.”

Senior Life Resources Financial Report*

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<thead>
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<th>Expenditures</th>
<th>Revenues</th>
<th>Total Employees</th>
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<td>$17,095,498</td>
<td>$17,245,742</td>
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HOME CARE SERVICES

Home Care Services

Service offices 6
Clients 905
Hours of Care provided 613,963
Home Care providers 510

Sources of funding:
• Medicaid/COPES state funds
• Veterans Assistance funds
• Yakama Nation
• Private Pay
• Aging and Long Term Care

A HOME CARE STORY:

"THE STAFF AT HOME CARE SERVICES HAVE WORKED WITH ME CLOSELY to match my father’s needs for care and companionship with appropriate staff. I am impressed with their level of professionalism on 2 levels: administration and service.

Administration of their services is outstanding. Because his 24-hour care requires many staff with skills, attention to training specific to him and scheduling is required. Orientation and training appear to be excellent because all staff who have come to his home have been on time, responsible for paperwork, experienced in elder care, and interested in meeting a new client."

VISION STATEMENT:
Communities where individuals in need are nourished and cared for in their homes
Mid-Columbia Meals on Wheels

Clients served 1,791  
Meals Served 173,350  
Dining Centers 7  
Volunteers 342  
Volunteer Hours 25,052  
Volunteer Miles Driven 92,246

Other Services Provided:  
• Nutrition Education  
• Farmers Market Vouchers  
• Critical Staples  
• Food Bank Deliveries  
• Healthy Pets Pet Food

“I’M JUST HOME FROM MY FIRST SOLO SHIFT DELIVERING FOOD for Meals on Wheels clients. I drove home with a lump in my throat and tears streaming down my face. I am so grateful for the opportunity to help those in need and to work with such kind and caring folks. One woman to whom I delivered meals for her and her husband told me they only have a microwave to cook with and how important MOW is to them. She clasped my hands in hers and with tears in her eyes thanked me. It breaks my heart to be thanked for providing something that most of us take for granted. Thank you MOW for the opportunity to participate in something so important, meaningful and beautiful. I am honored by your trust and look forward to many more amazing days to come.”

2016 EXPENDITURES

89% Program Services  
9% Administration  
2% Fundraising

2016 REVENUES

30% Volunteer/In-Kind  
36% Government  
8% Community Support  
5% Private Pay  
11% Fundraising

*Unaudited financials
It was a busy year here at Senior Life Resources, Home Care Services and Meals on Wheels. Here are some of the projects we completed:

- Designed, financed and constructed a 6,120-square foot administration building and a 4,140-square foot commercial kitchen along with a 1,960-square foot senior dining café.

- **Funding for construction included:**
  - Washington State Housing Finance Commission Tax Exempt Bonds
  - Washington State Local and Community Projects program for approximately ½ of the cost of the kitchen equipment
  - Balance of funds raised locally, and with donations of equipment
  - SLR Reserve Funds

- September 5th the first meals were prepared and distributed from the new kitchen

- September 17th we celebrated with our official ribbon cutting

- Transitioned Home Care Services to an internet-based platform to enable better management of caregivers, care for clients and optimize support operations

- Betty Sherman and Tom Siem, both long-serving Board members retired and two rocks were engraved and placed on the campus as permanent recognition and tribute to their leadership

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  - SLR Reserve Funds

- May 31st, staff worked their first day in the new administration building

- BOARD OF DIRECTORS 2016

- **PRESIDENT**
  - Nancy Aldrich

- **VICE-PRESIDENT**
  - Michael Saran

- **SECRETARY/TREASURER**
  - Michelle Wright

- **MEMBERS**
  - Betty Sherman
  - Rich Burklin
  - Marty Gardner
  - Tom Seim
  - Marian Deluca
  - Kevin Husted
  - Kathy Patton
  - Dave Sanford

See us on Facebook at Mid-Columbia Meals on Wheels or Senior Life Resources Northwest
OUR MISSION:
Preserve and enhance the quality of life at home, with dignity and care

OUR VALUES:
Quality, Excellence, Dignity and Integrity

MID-COLUMBIA MEALS ON WHEELS FACTS:

91% of those we serve report the meals help them remain in their own home

91% report they consume a better variety of food since being on the meal program

86% say since starting meals they feel a greater sense of security having a daily home visit